



WEDNESDAY, 16 MAY 2018 12:27

UNBREAKABLE EP - FREDERIKKE BOHR

Written by [Dave Franklin](#)

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Making music can be a wonderfully cathartic process, a way of working through thoughts and emotions by putting them under the microscope and getting to their root. When times get tough some people shy away from their worry's and hope things improve, other people, people like Frederikke Bohr, use it as the groundwork for a musical release.

Unbreakable, her debut e.p, is a sumptuous and soulful affair and considering the songs come from a place where she wrestled with thoughts of perhaps not even pursuing a musical career at all, they are wonderfully accessible, infused with reflection and melancholy but never wallowing in darkness or self-pity. Negativity is not an option here, this is a collection of songs about self-examination, it is confessional and ultimately cathartic,



Unbreakable
Frederikke Bohr



intimate for sure but it is a conversation that we the listener are all party too.

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It is a collection of songs which is part golden age seventies soul and part cutting edge, contemporary soul-pop, dripping with chilled, late-night vibes, sultry and subtle. Songs such as **Beat to the Song** and the title track itself run along some serious bass grooves, funky and infectious songs which challenge you to detach yourself from the composure that drips from the e.p. as a whole and break out some dance floor moves. But for the most part, the music connects with the heart...and then the very soul, this is music to be absorbed, to get lost in, music which sets romantic moods, which enters the body by osmosis rather than merely listening.

For You is worthy of anything found in the Roberta Flack back catalogue, the same honesty, the same vulnerability,

heart-achingly glorious and it is this theme of love, loss and longing that is at the heart of Unbreakable, **Sorry (baby, baby baby)** runs on a gentle funk groove and **See Through You** taking things to minimalist yet ethereal heights.

If debut releases are the calling card which announces the arrival of a new artist, then Unbreakable is the perfect announcement, not through bombast and a willingness to make a bold opening statement, but through glamour and poise, musical elegance and lyrical eloquence. It has depth and follows a wonderful exploration of relationships and what it even is to be human, it is open, honest and brave. In fact, Unbreakable is the very definition of Soul searching.



DAVE FRANKLIN

Over the years I have been a musician, promoter, theatre and film journalist, book reviewer, record label owner and festival organiser, all experience which informs my writing.

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